

Darla Alexis is an ADO with the Harris County Sheriff's Department, serving in both the Mental Health Unit and the Operations/Transportation Division at the Correctional Facility. With a strong commitment to public safety and Mental Health Care, she brings compassion, structure, and understanding to one of the most challenging environments in law enforcement.

A graduate of Aldine High School, and attending Lone Star College, Darla's passion for Mental Health Advocacy is deeply personal-shaped by growing up with a brother diagnosed with mental health issues.

This experience fuels her mission to help others without judgement and to create a safer, more supportive spaces for those in crisis.

Darla's dedication to service began long before her law enforcement career. She and her husband were foster parents in Roswell, New Mexico (2005-2007) and later in Watertown, NY, offering care and stability to children in need. Together, they also opened Roller Skating Rinks in both communities, with the support and involvement of local residents, to provide safe, positive environments for youth. These rinks were built as a way to keep kids off the streets and offer them a fun, healthy alternative to risky behavior.

Today, Darla continues to serve her community with the same spirit of compassion and purpose. When she's not in uniform, she enjoys fishing, skating, biking, and taking long walks - activities that keep her grounded and connected to what matters most.